



From Summer to School CHECKLIST



Staten Island
Academy

Back to school is an exciting time of year. It's also a big transition, especially for younger learners. Use the checklist below to help make back-to-school a breeze.

ADJUST TO A SCHOOL-FRIENDLY ROUTINE

- Move to an earlier bedtime, bit by bit
- Aim for consistent wake-up times
- Practice habits such as brushing teeth, getting dressed, combing hair, and setting alarms
- Review core learning concepts, such as the ABCs or sight words
- Create a "drop-off" ritual for young learners

PAPERWORK, PICKUPS & PASSWORDS—OH MY!

- Update contact details, including emergency contacts
- Download school apps and calendars
- Fill out any school paperwork or forms
- Review maps and teacher names
- Practice commutes and school drop-offs

HAIRCUTS, LABELS, AND PARENT SUPERPOWERS

- Attend doctor, dentist, or optometrist appointments
- Book haircuts
- Check uniform fit and purchase new items accordingly
- Label clothing, instruments, sports gear, and personal items
- Purchase recommended classroom or extracurricular items
- Use a large calendar to track school dates and milestones
- Create a dedicated homework area in the home
- Explore after-school care options

DISCUSS WHAT'S AHEAD

- Get your child excited about the school year
- Gauge and talk through any concerns or anxieties
- Share your own positive school stories
- Talk about possible milestones or activities
- Read books about starting or returning to school
- Ask about their friends, extracurriculars, and learning goals
- Visit the school or attend an orientation
- Make the most of your summer together with fun activities and trips!

At Staten Island Academy, we're always here to help your young learner transition into the classroom. *If you have any questions about the new school year, we invite you to contact us.*

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